CÉLINE COUSTEAU Preserving the Planet 20 years

FERMENTING FOOD David Zilber of Noma

THE BRANDO A Private Island Luxury Eco-Resort in French Polynesia

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DAPPER

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Strawberry Hill

Jamaica beyond the beach.

The peaks of the Blue Mountains rise steeply from the jungle north of Kingston, creating a majestic backdrop for Jamaica's capital city. Best known as the source of Blue Mountain coffee, these mountains are a favoured destination with nature seekers, adventure travellers, and anyone looking to see what lies beyond the beach.

For the Rolling Stones and Willie Nelson, the mountain top retreat Strawberry Hill has long been a hideaway. First as a private estate belonging to music producer Chris Blackwell, founder of Island Records, and then as part of his Island Outpost collection of hotels, Strawberry Hill has been a creative refuge for many music greats. Bob Marley, Jamaica's most popular export, recovered at Strawberry Hill in 1976 after being shot in an assassination attempt. The property's storied connection to the music industry is visible: framed blackand-white photographs illustrate the bygone days of rock 'n' roll's aristocracy and in the Gold Room, Island Records' gold and platinum records are on display.

Surrounded by tropical forest, 12 cottages with plantation shutters dot the hillside, each charmingly furnished with four-poster canopied beds and French doors that open onto private verandahs. Stone-lined paths lead to the Great House (although the original house was destroyed by Hurricane Gilbert in 1988, the new structure maintains a Georgianstyle feel) decorated with intricately handcarved fretwork, and home to the library, bar, and dining rooms for morning, midday, and evening meals. Traditional fare such as lamb curry, oxtail shepherd's pie, curried goat, and the national dish, ackee, are served; to visit Jamaica and not indulge in jerk chicken is almost sacrilegious. Sundays are all about brunch, which is accompanied by live reggae, and locals make the trip from Kingston for the feast.

Afternoons at Strawberry Hill should be devoted to spending time in the infinity pool while savouring Blackwell cocktails made with pineapple juice and dark rum. The 360-degree view will leave you uncertain which glorious direction is most worthy of your gaze. In the distance, Kingston seems like another world, especially at night, when the lights twinkle.

Strawberry Hill speaks to the nourishment the mountains serve up. The natural meets the spiritual as the gentle breeze wafts the sound of hallelujahs heavenward during Sunday worship at St. Mark's Chapel, an 18th-century church located in the parish below. **Claudia Cusano**

Editors' Picks

Bookmark these for fall



Within the beautifully photographed pages of Foundations of Flavor: The Noma Guide to Fermentation, Noma's pioneering chef René Redzepi, along with head of fermentation David Zilber, provide instruction on the making of kombuchas, micro and more

Award-winning British journalist Bella Bathurst's **Sound: A Memoir of Hearing Lost and Found** details her personal experience of losing her hearing. After a gradual deterioration over a 12-year period, she is diagnosed with otosclerosis, receives surgery, and can hear once again.





James Frey, the controversial American author of A Million Little Pieces, releases **Katerina** in September. The fictional love story set in Paris during the '90s and modernday Los Angeles—is rife with heartbreak and betrayal, sex and drugs, and the madness of youth



Canadian photographer Caitlin Cronenberg has teamed up with Jessica Ennis for **The Endings**, a pictorial journey of emotion.